



Al-Shifa Trust Eye Hospitals

Rawalpindi, Sukkur, Kohat, Muzaffarabad, Chakwal, Gilgit, Haveli Lakha, Lahore

**EDITION
JULY, 2026**



THE HEALING TOUCH

NEWSLETTER

PRESIDENT'S MESSAGE

I regret the delay in this month's issue of Healing Touch, caused by my various commitments, including travel.

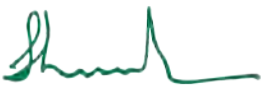
Despite the monsoon weather, which traditionally discourages patients from undergoing surgery, Al Shifa Trust continues to witness a significant increase in both OPD attendance and surgical procedures. Our Cataract Surgery programme remains distinguished by its completely free-of-cost service, high-quality imported intraocular lenses, surgery as early as the day after diagnosis, and a well-organized post-operative care regime.

Construction of our Lahore Hospital is progressing almost on schedule, with only a few days' delay due to heavy seasonal rains. We remain deeply grateful to our generous donors, whose continued support is helping fund the Lahore Hospital and other essential operations.

Two countries have also approached us regarding Eye Camps; further details will be shared once security clearance is received from the Foreign Office.

Al Shifa Trust remains committed to serving all segments of society, without distinction.

My Fond Regards,



Maj Gen (R) Rehmat Khan
President, Al-Shifa Trust



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IQVIA HAS SELECTED ASRC FOR ITS GLOBAL PARTNER SITE NETWORK

Al-Shifa Research Centre (ASRC) has signed a Memorandum of Understanding (MoU) with IQVIA Solutions Pakistan (Pvt.) Ltd., becoming IQVIA's second partner site in Pakistan.

Being selected for IQVIA's Global Partner Site Network represents an important step forward for ASRC's vision of becoming a leading hub for high-quality clinical research in Pakistan and beyond. This recognition is a strong endorsement of ASRC's research infrastructure, clinical capabilities, commitment to quality, and readiness to participate in global clinical research.

ASRC is proud to be contributing to the advancement of clinical research and bringing global research opportunities closer to patients in Pakistan.



FORMAL COMMENCEMENT OF THE CONSTRUCTION OF AL-SHIFA TRUST EYE HOSPITAL, LAHORE

The month of July marked a historic milestone for Al-Shifa Trust with the commencement of construction of its flagship project: Al-Shifa Trust Eye Hospital, Lahore. This landmark project represents a significant step towards transforming eye care in Pakistan and is envisioned to become one of South Asia's largest dedicated eye care institutions. Having collaborated with world-class architectural and project management firms, this hospital is expected to be completed in a record time of 22 months.



Once completed, the hospital will provide state-of-the-art diagnostic, surgical, research, educational, and rehabilitation services under one roof, enabling thousands of patients to receive quality eye care regardless of their financial circumstances. The ground-breaking signifies the beginning of a journey that will restore sight, empower communities, and strengthen Pakistan's ophthalmic healthcare infrastructure for generations to come.



H.E. GOVERNOR, MANDERA COUNTY GOVERNMENT AND DISTINGUISHED DELEGATION MEMBERS FROM KENYA VISIT AL-SHIFA TRUST EYE HOSPITAL

On July 21st, 2026, H.E. Governor Mandera County Government and distinguished Delegation Members from Kenya visited Al-Shifa Trust Eye Hospital, Rawalpindi as an expression of brotherhood between the two countries.

The honourable guests included H.E. Mohamed Adan Khalif, EGH – Governor, Mandera County Government, Hon. Mumtaza Bishar Musa – County Executive Committee Member (CECM), Health, Dr. Abdi Maalim Issakow – Director Medical Services, Dr. Rashid Karu – Ophthalmologist, Mr. Alibashir Iman Aligey – Director Health Economics, Ms. Salma Noor – Development Partner and Liaison, and Mr. Adan Kala Ali – Governor's Aide.

Al-Shifa Trust, in line with its mission of eliminating blindness from Pakistan and across the world, proudly hosted the delegation to discuss the requirements for the establishment of a comprehensive Eye Care Centre in Mandera County, Kenya and explore other opportunities for healthcare collaboration. This visit was organised in collaboration with H.E. CG COMSTECH, Prof. Dr. Iqbal Choudhary.

President Al-Shifa Trust, Maj Gen (Retd) Rehmat Khan gave a comprehensive overview of Al-Shifa Trust's distinguished history, vision and mission and the larger role it has undertaken to revolutionise the ophthalmological landscape in Pakistan.

The visit concluded with a reaffirmation of the commitment to mutually collaborate in the establishment of a comprehensive eye care facility in Mandera County, Kenya.



AL-SHIFA CENTRE FOR COMMUNITY OPHTHALMOLOGY (ACCO) CONTINUES TO RESTORE VISIONS ACROSS PAKISTAN

Al-Shifa Centre for Community Ophthalmology (ACCO) is Al-Shifa Trust's pride project which has cemented itself as a centre of excellence, constituting Pakistan's largest community outreach program for eye care.

The dedicated team at ACCO travels to remote and underdeveloped areas and performs life changing surgeries in order for treatment to be brought at the doorstep of those who cannot afford to travel for it.

In every camp, thousands of patients receive free screenings. Free vision glasses and medicines are distributed among all patients requiring specialised care. In addition to eye OPDs, general medical OPDs and screenings for Diabetes Mellitus & Hypertension are also conducted at our camps. Expert doctors perform surgical procedures, thereby curating a brighter future for those rendered helpless by the will of fate.



TAKING EYE CARE BEYOND HOSPITAL WALLS

Total Camps	109	Total Surgeries	645
Total OPD	33,721	School Screening	11,159

LITTLE HEROES FESTIVAL

A CELEBRATION OF COURAGE, RESILIENCE & STRENGTH

On July 22nd, 2026, the Centre for Eye Cancer at Al-Shifa Trust organised '**Little Heroes Festival**' to celebrate the successful treatment of over 200 young warriors who bravely battled eye cancer. The event featured engaging activities for the young cancer warriors such as musical chairs, drawing, painting, puppet show and drum circle that not only created an energetic ambience but also uplifted the spirits of the children. All attendees enjoyed the event thoroughly and greatly appreciated the efforts of the organisers.

President Al-Shifa Trust, Maj Gen (Retd) Rehmat Khan also greatly appreciated the relentless efforts of the Ocular Oncology Department who have been successful in saving countless lives and transforming hundreds of futures for the past 5 years.

The festival was a remarkable celebration of the utmost courage espoused by the patients who have successfully battled this life-threatening disease. The event also celebrated the unflinching efforts of the department who provide their selfless services by offering comprehensive diagnosis, treatment, chemotherapy and aesthetic rehabilitation to all patients absolutely free of cost!



JULY – A MONTH DEDICATED TO RAISING AWARENESS REGARDING VARIOUS RISKS TO VISION

DRY EYES AWARENESS MONTH

Throughout the month of July, Al-Shifa Trust Eye Hospital observed Dry Eye Awareness Month through an extensive digital awareness campaign aimed at educating the public about one of the most common yet often overlooked eye conditions.

The campaign featured informative posts, expert advice from ophthalmologists, patient education videos, and practical eye care tips which focused on:

- Common symptoms of Dry Eye Syndrome
- Risk factors associated with Dry Eyes, such as prolonged screen time, irregular sleep patterns and environmental conditions
- Preventive measures and lifestyle modifications to minimise the adverse effects of the disease
- Seeking professional medical consultation upon aggravation of symptoms

By promoting early recognition and timely treatment, the campaign encouraged individuals to prioritize their eye health and prevent long-term complications.

UV SAFETY AWARENESS MONTH

With rising temperatures and increased exposure to harmful ultraviolet (UVA & UVB) rays, Al-Shifa Trust dedicated July to raising awareness about the importance of protecting the eyes from damage caused by exposure to harmful UV rays.

The campaign educated our audience regarding the effects of dangerous UV exposure, including cataracts, corneal damage, and retinal complications. Educational content highlighted preventive practices such as:

- Wearing UV-protective sunglasses
- Using wide-brimmed hats during outdoor activities
- Limiting direct sun exposure during peak hours
- Protecting children's eyes from harmful sunlight

Through engaging visuals and evidence-based information, the campaign reinforced that eye protection is an essential part of overall health.

YOU ARE THE ARCHITECT OF THIS DREAM

SUPPORT AL-SHIFA TRUST EYE HOSPITAL, LAHORE

DONATE A & B-SCAN MACHINE



RS. 5.5 MILLION

DONATE CORNEAL TOPOGRAPHY MACHINE (G4 ADVANCE)



RS. 22 MILLION

DONATE OCT MACHINE



RS. 70 MILLION

DONATE PACHYETER & SPECULAR MICROSCOPY MACHINE



RS. 15 MILLION

DONATE VISUAL FIELD ANALYZER



RS. 9 MILLION

DONATE X-RAY MACHINE



RS. 10 MILLION

STORIES OF RESILIENCE

RESCUING PREMATURE INFANTS FROM THE WORLD OF DARKNESS

Little Anabia was diagnosed with Retinopathy of Prematurity (ROP); a potentially blinding retinal condition affecting premature infants.

With early screening, timely intervention, and the thorough expertise of Al-Shifa Trust's paediatric ophthalmologists, Anabia received life-changing treatment before permanent vision loss could occur.

Her journey underscores the critical importance of neonatal eye screening and reflects Al-Shifa Trust's unwavering commitment to protecting the vision of our youngest and most vulnerable patients.



STORIES OF RESILIENCE

PUTTING A BRAVE FIGHT AGAINST EYE CANCER

Little Iqrash, a childhood that was marred with the adverse effects of eye cancer, a journey that came to a standstill, but only until Al-Shifa Trust Eye Hospital stepped in.

Roughly 2 years ago, Iqrash's father, worried by the appearance of a strange squint in his son's eyes, took him to a local hospital in Peshawar where he was treated for over one month but he did not get better.

The doctor then recommended them to visit Al-Shifa Trust Eye Hospital, Rawalpindi and his treatment began with no questions asked.

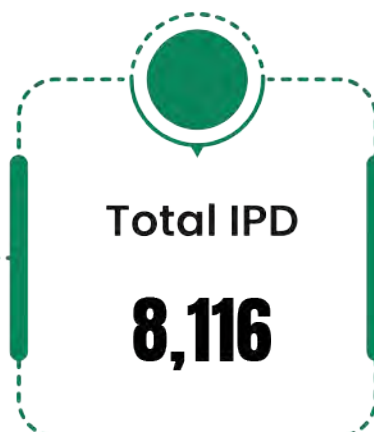
After receiving eight chemotherapy sessions and a life-changing surgery, 2 years later, Iqrash is a happy, healthy child whose childhood was saved with timely intervention and treatment.



ILLUMINATING THOUSANDS OF LIVES THROUGHOUT JULY

In the month of July 2026, the expert ophthalmologists across Al-Shifa Trust's network of tertiary care eye hospitals treated thousands of patients with utmost attention, thorough expertise and the highest level of care.

At Al-Shifa Trust, each member of the organisation undertakes relentless efforts to ensure that no patient walks away untreated, hopeless & devoid of the gift of sight.





AL-SHIFA TRUST



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DONATIONS IN PAKISTAN



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Income Tax Credit (as per FBR formula) will be given for all Zakat / donations to Al Shifa Trust, Rawalpindi vide clause No: 61(1)(d) of Income Tax Ordinance 2001



Al-Shifa Trust Eye Hospitals

Rawalpindi, Sukkur, Kohat, Muzaffarabad, Chakwal, Gilgit, Haveli Lakha, Lahore

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www.alshifaeye.org

     /alshifatrusteyehospital

DONATIONS IN US



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* In USA donation made by cheque or via credit card has been granted not for profit 501 (C) (3) status of the Internal Revenue Service.



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