



AL-SHIFA TRUST EYE HOSPITALS

Rawalpindi, Sukkur, Kohat, Muzaffarabad, Chakwal, Gilgit, Haveli Lakha, Lahore

EDITION
AUGUST
2026



THE HEALING TOUCH

PRESIDENT'S MESSAGE

August is traditionally the peak of the monsoon season in Pakistan. This year, however, the country experienced exceptionally heavy and unprecedented rainfall. The hot and humid weather also generally causes many people to postpone eye treatments that can safely be deferred for a few weeks or months.

It is, therefore, particularly encouraging that, despite these circumstances, all Al-Shifa Trust Eye Hospitals recorded an unprecedented increase in patient numbers, with both OPD and IPD registrations growing by more than 15% year-on-year.



We take this growth as a strong and positive indication of the increasing trust and confidence that patients have placed in the quality of care and services provided by Al-Shifa Trust. This confidence is both an honour and a responsibility, and it inspires us to continually raise the standards of our services.

Our focus remains firmly on improving patient experience and expanding specialised care. We are in the process of establishing dedicated Dry Eye and Myopia departments, while the Oculoplasty Department has been revitalised with two additional clinics to reduce waiting times and improve patient flow.

Patient safety and the upkeep of our facilities remain equally important. Following the exceptional rains, our Engineering Department carried out a prompt inspection of hospital buildings to ensure that our facilities remain safe and fully functional.

Beyond our hospitals, our Outreach Programme continues its vital work of reaching the remotest and most underserved communities, taking the gift of sight to those who might otherwise have limited access to quality eye care.

Every additional patient who walks through our doors strengthens our resolve to serve better. I am deeply grateful to our doctors, nurses, paramedical staff, administrative teams, engineers and all members of the Al-Shifa family for their dedication and commitment.

The trust of our patients is our greatest strength, and serving them with excellence is our enduring commitment.

With my fondest regards,

Maj Gen (Retd) Rehmat Khan
President, Al-Shifa Trust

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Liaison Meeting with H.E. Nassar Abdulrahman Jasser Al-Mutairi, Kuwait's Ambassador to Pakistan

Kuwait's Ambassador to Pakistan, H.E. Nassar Abdulrahman Jasser Al-Mutairi, hosted a liaison meeting with President Al-Shifa Trust, Maj Gen (Retd) Rehmat Khan, and our respectable Trustees, Mr. Sajjad Afzal Cheema and Mr. Ghazanfar Abbas Jillani. The meeting was also attended by our longtime supporter, Mr. Safdar Saleem Shabbir who has displayed momentous support for Al-Shifa Trust Eye Hospital, Lahore.

During the meeting, the Ambassador greatly appreciated the noble humanitarian mission of Al-Shifa Trust, geared towards rescuing humanity from darkness as best as it can. President Al-Shifa Trust highlighted how Al-Shifa Trust extends comprehensive eye care to all without discrimination with its network of seven tertiary eye hospitals and the country's largest Community Outreach Program for eye care.

The Ambassador was appreciative of Al-Shifa Trust's fast-paced progress towards eliminating blindness and expressed keen interest to explore avenues for potential future collaborations.



Continued Collaboration with Friends of Al-Shifa Trust

Mr. Sajjad Afzal Cheema, one of the Trustees of Al-Shifa Trust, hosted a networking lunch at his residence in Changla Gali, Murree, bringing together esteemed friends, supporters, and patrons of Al-Shifa Trust.

The gathering provided a valuable platform for meaningful interaction with the Trust's valued supporters and for reaffirming their collective commitment to Al-Shifa Trust's mission of eliminating preventable blindness from Pakistan and beyond.

The distinguished guests expressed their continued confidence in the Trust's work and reaffirmed their commitment to extending support towards its various initiatives, particularly Al-Shifa Trust Eye Hospital Lahore, the Trust's flagship project aimed at expanding access to quality eye care services in Central Punjab.

Mr. Safdar Saleem Shabbir, a renowned businessman from Sialkot and a valued supporter of Al-Shifa Trust, also expressed his commitment to supporting the Trust's mission. He generously offered to facilitate and host a dedicated networking event in Lahore in support of Al-Shifa Trust Eye Hospital Lahore, bringing together prominent business leaders, philanthropists, and potential supporters.



PIO Conducts Seminar on 'AI for Everyone'

On August 5th, 2026, the Pakistan Institute of Ophthalmology (PIO) at Al-Shifa Trust Eye Hospital, Rawalpindi hosted an inspiring and user-friendly seminar on 'AI for Everyone'. This seminar provided detailed insights on the use of AI, a breakdown of what it really is, how it works, and its role in healthcare. This enlightening session made complex ideas simple and accessible to the audience.

With Engr. Ali Nawaz, Founder PAK-AI, as the esteemed guest speaker, alongside faculty, students, and doctors, the seminar concluded with thought provoking discussions and an engaging Question & Answer session.



Al-Shifa Trust's Doctors shine in Co-curriculars

Dr. Waleed Ahmed, Senior Registrar, Glaucoma Department has been declared the Winner of the Pakistan Society of Young Ophthalmologists (PSYO) Cataract Surgery Video Contest, earning the highest score from three distinguished national and international judges.



Dr. Waleed Ahmad
Senior Registrar

CEO of Clinical Research Malaysia (CRM) visits Al-Shifa Trust Eye Hospital, Rawalpindi

Al-Shifa Research Centre (ASRC) at Al-Shifa Trust Eye Hospital had the distinct honor of welcoming **Dr. Akhmal Yusof**, Chief Executive Officer of Clinical Research Malaysia (CRM).

During his visit, Dr. Akhmal toured Al-Shifa Research Centre and expressed his appreciation for state-of-the-art infrastructure, the dedication of research team, and the progress made in advancing clinical research. The dedicated research team was delighted to showcase the ongoing work and share the milestones achieved by the department.

Dr. Akhmal was also impressed by Al-Shifa Trust's philanthropic work of providing quality eye care to underserved communities absolutely free-of-cost. During his visit, he also had the opportunity to meet the faculty and senior leadership of Al-Shifa Trust.

ASRC also invited Dr. Akhmal to their upcoming International Conference in November, and he graciously accepted the invitation. We sincerely thank Dr. Akhmal for his visit and valuable insights. We look forward to building a strong partnership with Clinical Research Malaysia and working together to advance clinical research.



Al-Shifa Trust wishes you a very happy Pakistan Independence Day. On the occasion of Pakistan's 79th birthday, we must espouse the values of faith, unity and discipline that this country was built on. At Al-Shifa Trust, we undertake relentless efforts to extend free eye care across Pakistan, so that each person becomes a formidable part of the society and does not remain entrenched in darkness.



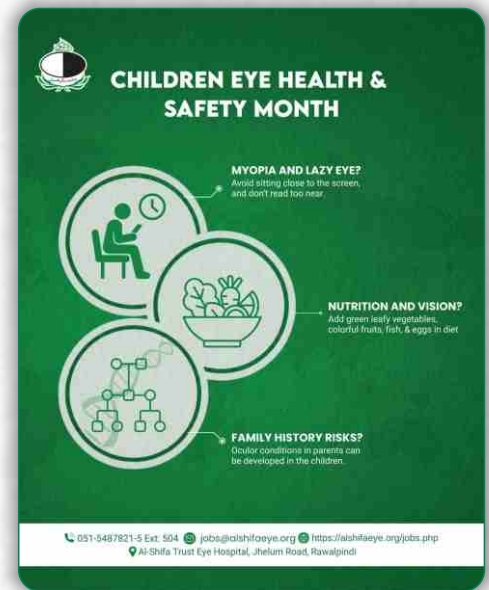
August – A Month of Eye Health Observances

During the month of August, Al-Shifa Trust Eye Hospital launched a comprehensive social media campaign to raise awareness regarding various problems associated with eye health.

Childrens' Eye Health & Safety Month

The month of August is regarded as Childrens' Eye Health & Safety Month around the globe.

Al-Shifa Trust Eye Hospital launched a comprehensive social media awareness campaign that shed light on how various ocular conditions among children such as myopia and lazy eye develop due to various reasons such as genetics. These conditions can also aggravate due to delayed check-ups and screenings. It is important to incorporate lifestyle changes such as sitting at a considerable distance from screen, incorporating nutritious foods in diet and undergoing regular eye exams to help improve eye health.



Contact Lens Health Week



During the month of August, August 17th - 21st was regarded as Contact Lens Health Week.

Al-Shifa Trust Eye Hospital displayed constant reminders to protect one's eye health by ensuring safe usage of contact lens. Contact lens sit directly on the eye, and poor hygiene or overuse can compromise vision. Therefore, it is important to practice safety tips and seek timely medical assistance to avoid the exacerbation of the risks of contact lens misuse. The social media campaign highlighted the adverse effects of prolonged contact lens usage or the misuse thereof. It also shed light on how various, safer options like eyeglasses and Lasik help preserve the priceless gift of vision.

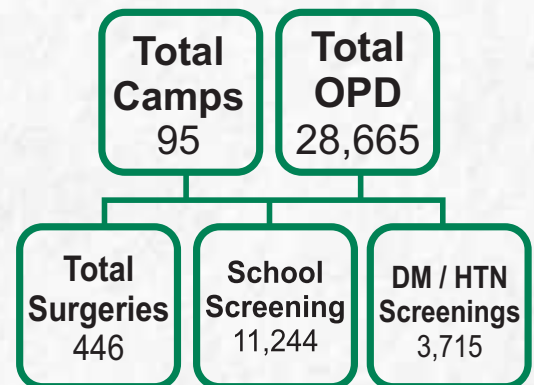
As a golden feather in Al-Shifa Trust's cap, Al-Shifa Centre for Community Ophthalmology (ACCO) constitutes Pakistan's largest community outreach program for eye care.

The dedicated team at ACCO travels to remote and underdeveloped areas to establish eye screening and surgical camps and perform life changing surgeries in order for treatment to be brought at the doorstep of those who cannot afford to travel for it.

In every camp, thousands of patients receive free screenings. In addition to eye OPDS, general medical OPDs and screenings for Diabetes Mellitus & Hypertension are also conducted at our camps. Free vision glasses and medicines are distributed among all patients requiring specialised care. Highly qualified & expert doctors perform surgical procedures, thereby curating a brighter future for thousands immersed in darkness.



August 2026

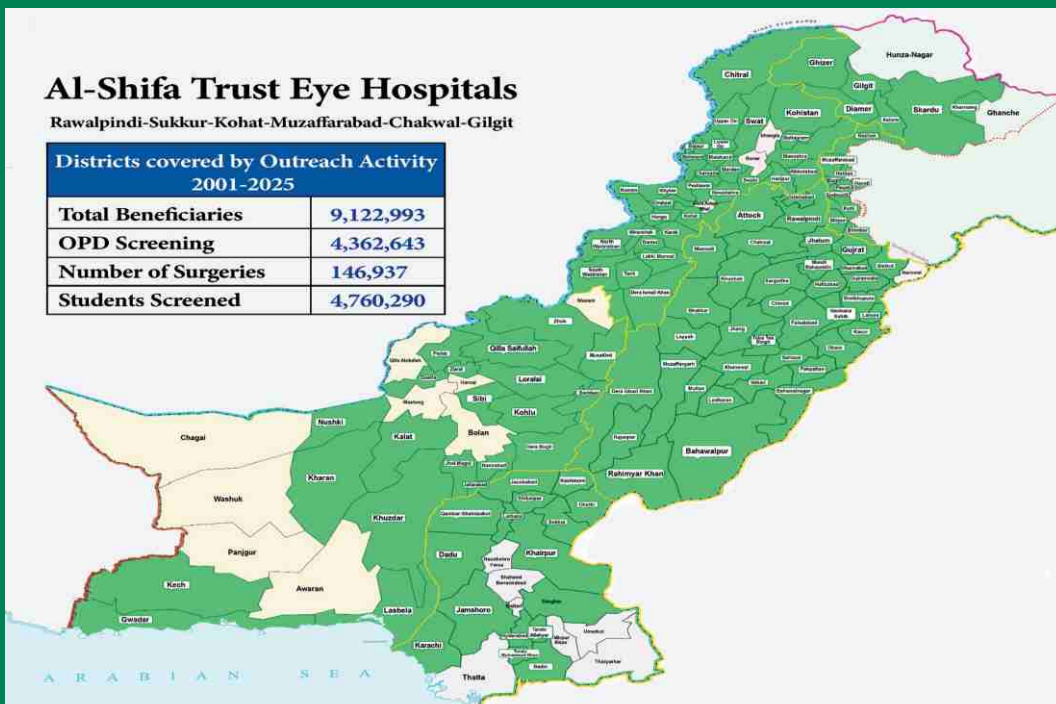


ACCO's continued Impact over the Years

Al-Shifa Trust Eye Hospitals

Rawalpindi-Sukkur-Kohat-Muzaffarabad-Chakwal-Gilgit

Districts covered by Outreach Activity 2001-2025	
Total Beneficiaries	9,122,993
OPD Screening	4,362,643
Number of Surgeries	146,937
Students Screened	4,760,290



Haram's Miracle Recovery - Another Chance at Life

The expert surgeons at Al-Shifa Trust Eye Hospital successfully performed a rare, life saving operation on a three day old newborn diagnosed with an aggressive congenital eye tumor. The procedure is believed to be the first documented case in Pakistan involving the successful removal of a **285 gram** congenital eye tumor from an infant of such a young age.

Haram Fatima, belonging to a village in Jhelum district, was brought to Al-Shifa Trust Eye Hospital immediately after birth with a rapidly enlarging tumor affecting one eye. The condition was progressing at an alarming rate, posing a serious threat not only to her vision but also to Haram's life.

Following an urgent evaluation by the hospital's pediatric ophthalmology and ocular oncology specialists, it became evident that immediate surgical intervention was the only viable option to prevent potentially fatal complications.

The complex surgery was successfully performed by a dedicated multidisciplinary team comprising of Prof. Dr. Tayyab Afghani, Dr. Faizan Tahir, Dr. Ali Raza Syed and Dr. Aiman. The surgical team was supported by experienced anaesthetists, nurses, and healthcare professionals who worked tirelessly to ensure the best possible outcome for the newborn.

Due to the advanced stage and aggressive nature of the disease, surgeons made the difficult but necessary decision to remove the affected eye in order to completely excise the tumor and save the infant's life.



Pakistan Reports first documented 250 gram congenital eye tumor in new born

Congenital Eye Problems – No Longer a Hindrance towards Healthy Vision

Maheen Ahmad from Peshawar had been living in agony with congenital cataracts in her eyes which hindered her daily activities. She sought treatment for her condition locally but to no avail. Ultimately, she came to Al-Shifa Trust with the anticipation that her eyesight would recover and that she would be able to live her life with independence and clarity.

After receiving a life-changing surgery at Al-Shifa Trust Eye Hospital, her dream to live life normally became a reality.



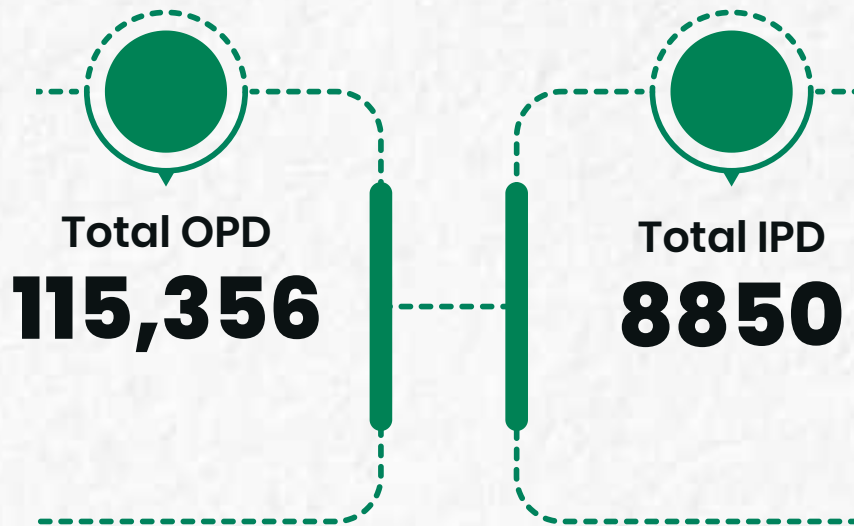
Our Esteemed Supporters During August 2026

Mrs Shamin Akhtar	1,800,000 PKR
GP Capt (R) Imtiaz A. Khan	1,000,000 PKR
Kahf International (Karachi)	1,800,000 PKR
Safeer Ullah Khan	1,000,000 PKR
Ali Hajveri Pharma	500,000 PKR
AVM Masood Ahmed	300,000 PKR
Anonymous	7,000,000 PKR

Illuminating thousands of lives throughout August

In the month of August 2026, the expert doctors and surgeons across Al-Shifa Trust Eye Hospitals transformed countless lives with their thorough expertise and utmost attention and care towards each patient alike.

At Al-Shifa Trust, each member of the organisation undertakes relentless efforts to ensure that no patient walks away untreated, hopeless & devoid of the gift of sight.



AL-SHIFA TRUST EYE HOSPITAL, LAHORE
THE REALISATION OF A MOMENTOUS DREAM

CONSTRUCTION UPDATE as of August 31, 2026



Scan to Donate

**HELP US BUILD SOUTH ASIA'S LARGEST
EYE CARE & RESEARCH CENTRE**

ONE DONATION IS ALL IT TAKES TO BRING US CLOSER TO OUR DREAM

FRIENDS OF AL-SHIFA TRUST

Al-Shifa Trust has been able to continue its life-changing activities with the continued support of esteemed individuals who believe in the act of giving to enlighten futures and transform lives.



MR. NASRUDDIN RUPANI



MR. ZIA BUTT



DR. NASEER BAZ



MR. MURTAZA ABBAS



MR. TAHIR ZAFAR



DR. MAZHAR JAFRY



MR. TERRY SHEIKH



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MR. YOUNIS BHATTI



**MR. SAFDAR SALEEM
SHABBIR**

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CREATE A LEGACY BEYOND YOUR YEARS

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Income Tax Credit (as per FBR formula) will be given for all Zakat / donations to Al Shifa Trust, Rawalpindi vide clause No: 61(1)(d) of Income Tax Ordinance 2001

DONATIONS IN US



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* In USA donation made by cheque or via credit card has been granted not for profit 501 (C) (3) status of the Internal Revenue Service.



Al-Shifa Trust Eye Hospitals

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